

Regional Service Committee Meeting
 March 7, 2020
 Zoom Meeting

Attendance:

Regional Chair- Open	Project Facilitator H&I – Liliias J.
Regional Vice Chair- Open	Project Facilitator Public Relations (PR)- None
Regional Treasurer- Open	Project Facilitator Unity- None
Regional Secretary- Sandi M.	Project Facilitator Policy- None
RD- Melissa K.	ERANA CM-Shannon S.
RDA- Liliias J.	ERANA CM Alt: Jeramy not in attendance
Convention Chair- Open	WRA CM- Melissa K.
Webservant- Annette R.	

Other Participants:

Steve P.
 Carol P.

The meeting opened with the Serenity Prayer
 12 Traditions were read by Carol P.
 12 Steps were read by Carol P.
 Service Prayer- Steve P.

Reports

Chairperson Report- Open

No Report

Secretary Report- Sandi M.

The last meeting notes were reviewed and approved with revisions to the roles of East River RCM and Alt RCM.

Treasurer Report- Open

\$2441.38 current balance. \$3,740 with the check from the conference to be deposited. Expenditures due are \$230 for the storage unit, and \$106 for the PO Box.
 The budget for this year is still pending.

Regional Delegate Report (RD)- Melissa K.

My name is Melissa and I'm and addict.

Liliias and I attended the Upper Rocky Mountain Zonal Forum(URMZF) Car Workshop in Casper WY Dec 6-8. There was World Board participation with 2 members attending via Zoom. We brought back information on the Upper Rocky Mountain Regional Convention <https://img1.wsimg.com/blobby/go/e3d1936a-1d0d-457e-bf87-766b6064b1ea/downloads/CONVENTION%202020.pdf?ver=1577547370043> and the Western Service Learning Days in Denver Oct 23-25, 2020(more info TBA at a later date).

We(Liliias and myself) have held 3 CAT/CAR workshops based on the input that we received from the survey. Two were Zoom only and 1 was a face to face in Rapid. These were poorly attended. We have one more face to face with Zoom access scheduled in Aberdeen on Mar. 28th from 1-4:30 CST with Zoom access <https://zoom.us/j/861515224>.

As with voting in 2018, we will be taking individual member votes and tallying them for a Regional count. These votes are due April 19th. This will be the last day of WRA's Serenity in the Hills. We will leave out at the end of the

week for the World Service Conference(Lilias April 23rd and me April 24th). Here is the link for the Conference info:

~the CAT-https://www.na.org/admin/include/spaw2/uploads/pdf/conference/2020CAR_WEB.pdf

~the motion and tally sheet:

https://www.na.org/admin/include/spaw2/uploads/pdf/conference/2020CAR_WEBtally.pdf

~the literature survey:

https://www.na.org/admin/include/spaw2/uploads/pdf/conference/2020CAR_WEBsurvey.pdf

I have ordered several hard copies of the 2020 CAR. If you would like one, please let me know. The cost is \$13.50. The 2020 CAT is only available online.

With the Coronavirus epidemic, I have contacted Lib our World Board Representative. As of March 2nd, WSC 2020 is still happening. The WB met this week starting and Wednesday and physical attendance and virtual availability will be discussed. More info to come.

The Plain States Zonal Forum was in Glencoe OK Feb 6-9,2020.

Sponsorship behind the Walls meets the 2nd Wed of the month at 6 on Zoom. This link can be found on the PSZ Zoom calendar

<https://calendar.google.com/calendar/embed?src=84aemc6rbm2pkvt2j5e6dvt4kk%40group.calendar.google.com&ctz=America%2FChicago>. We still need a SD SBTW liaison. Any questions please contact Amanda M.

Here is the info for a member in Kentucky that's doing H&I virtually. Shane C from the Kentucky Survivors Area Online Outreach Coordinator 859-699-0469. na.public.info@gmail.com

Cindi and Barry from PSZF attended the Virtual meeting of the Zones. It was very successful and well attended. All zones gave report of what they doing. Some seem to be doing more fellowship development. Crossing geographic boundaries was discussed. Use of shared technology. Combined PR efforts. US Zones will meet again. It will be suggested that NAWS create power point and help with training. Zones will meet again in May virtually.

The Multi Zonal Service Symposium is happening in San Antonio-Thursday Sept 11-13

webpage link <https://mzssna.org/>

flyer link <https://mzssna.org/wp-content/uploads/2019/12/mzss-4-registration-final.pdf>

It was decided that when MZSS happens in the PSZ we will attend. MSZZ happens in our Zone, we attend. When it's outside PSZ we attend virtually. We also decided to change the timelines of when we meet. PSZ will alternate face to face meetings and virtual meetings. During WSC years we will meet ftf in January and July? We will meet virtually after WSC(sometime in May and Oct or Nov. WSC years we will meet physically in the Winter/Summer. Non WSC Years we will meet Spring/Fall with virtual meetings in between.

The Zone is asking for pictures of Regional events. These can be emailed to pics@PSZF

We will be reviewing the Zonal Guidelines at the next PSZ meeting

Next Virtual Zone May 27th 6pm MST

The next PSFZ will be a ftf meeting July 17-19 in South Dakota East River. We will need to book a location for the weekend and ask what workshops SD members would like to see.

IOWA Regional Convention July 10th-12th <https://drive.google.com/file/d/1yZPt7sDuoF4mYGxYJ-Qvc02Q4vZizgGB/view>

In loving service,

Melissa B

Regional Delegate Alt- Liliias

Greetings --

I apologize for my absence, but have a work commitment at my part-time job (no more full-time job). I've asked Melissa to fill me in on the meeting.

I've been working closely with her to prepare for the WSC. We've done 3 workshops, with poor attendance. There is one more workshop currently planned for Aberdeen, with Zoom capabilities. I hope that more of our members provide input for the decision-making process.

I've also been consulting with my sponsor and my doctor about traveling to LA under the current health situation. For those who don't know, I'm over 65 and have lung disease, so I need to avoid getting sick. My sponsor suggested that I wait to make any decision to see how things go the next few weeks, and that's what I'm currently doing. If the virus appears to be spreading in the LA area, I cannot go. If I need to back out of attending, I would be able to get most of my train ticket cost refunded, but not all of it.

As for the H&I literature project, the person I was to work with East River did not respond to my last e-mail outlining the project several months ago. So we still need someone East River who can start by helping to identify the hospitals and institutions in their area. If we can find that volunteer, we can move this project forward.

Please let me know if anyone has questions. Feel free to contact me at any time.

ILS --
Liliias

Webservant- Annette

Meetings have been updated. Posting events and/or other information to the site is cumbersome as the site is antiquated requiring multiple steps. The site is paid for a couple years so for now we are committed to it.

Convention Chair- Carol P. outgoing

Aberdeen has elected to host the next convention and will be held September 18th to the 20th. Carol will be sending information as soon as a chair has been designated. There was discussion about passing along information. A hotel has been identified.

East River Area report- Shannon, RCM; Jeramy, RCM Alt

No report submitted.

West River Area Report- Melissa K.

Hello All. My name is Melissa and I'm an addict.

We have held 2 WRA Unity events since we last met. We had our New Years Eve Party and a Spaghetti Sponsorship dinner at the Woyatan Church in Rapid on Feb 22 was also. There will be a pie auction and we are trying some new events. Our Unity Committee is bringing new events and energy to the events and it is well received! Serenity in the Hills April 17-19 in Hill City. We also have the 26th annual Sheridan Lake Campout coming up during the Sturgis Rally Aug 7-16. I have attached flyers for both to my report.

We voted to implement a new book loaner program . These books can be borrowed by meeting to help facilitate literature studies. A few books were donated from groups

Our 2020 budget was approved and passed with no issues.

C. Elections were held and all positions are filled except the Alt RCM. Election for that position was tabled until our next meeting March 14th. Hopefully we will have a volunteer.

In loving service,

Melissa B

Project Group Reports

H&I (Hospitals and Institutions) Report- Lili

Lili has put a project on the table for reaching out across the state. She has received limited response and noted many of the facilities are located in East River.

HOSPITALS AND INSTITUTIONS LITERATURE DISTRIBUTION PLAN – 11-19-19

This plan requires at least two people – one West River and one East River. Involvement by additional people would make the process easier for all.

Winter 2019 - 2020 – Research

Develop a list of facilities across the Region, including name, address, phone number, and any restrictions on how literature can be delivered and the types of literature that can be delivered (i.e, no staples, etc.)

Spring 2020 – Set Logistics

What route would be most efficient to hand deliver literature to facilities that permit outside literature to be brought in person? How can Areas and groups be involved in the delivery process? Is there a way to do a speaker meeting when taking materials to the facility? Recruit people to become involved in helping with distribution. Have budget request by March 7. Then order literature.

Summer 2020 – Distribution of Literature

Distribute literature, beginning with Area and/or group involvement. For facilities that are not near an established group, try to “hopscotch” literature to the closest meeting through the Area structure (assuming Areas are willing to help with this) and identify a volunteer to deliver the literature. Where this is not possible, literature can be mailed or East River/West River coordinators can travel to the facilities (latter is preferred).

Suggested Literature per facility –

1 Basic Text

Updated Meeting List

Sponsorship Behind the Walls flyer, where appropriate

10 I.P.s (to be determined)

In discussion, there are activities being discussed in each area. Jamie D. is the ERA chair and Issac is working in the WRA.

Public Relations (PR)- Carol gave a report

In planning the next convention Carol offered to talk about a PR event with the committee members.

Helpline - We now have two helplines. A regional helpline and a ERA Helpline. Discussion was held as to the need for two lines and/or how to combine efforts. Each area is asked to discuss this at the meetings.

Unity- Open

The convention is the only activity right now. The purpose is to plan events to promote unity in our membership. Discussion was held as to developing unity as a region. Discussed was opening the area meetings to any interested party in the region. This may facilitate communication with our small and spread out membership.

Policy- Open

The regional policy is reviewed every two years. It is due for review in 2020. Please find the policy attached to the email.

Old Business

Elections: Elections were tabled. No nominations were received. Please take this back to the area meeting for nominations. The following positions are open:

Convention Chair- Is in discussion. The convention will be held in Aberdeen in 2020.

Regional Chair

Regional Vice Chair

Regional Treasurer

New Business

The Regional Delegate Alt position will be open in June.

It was discussed to have The ERANA meeting in June (3rd Saturday) with the SDNA Region meeting the next day.

Plains Zonal will meet in SD in July. It was discussed to have a workshop presented one of the days. Brookings may be willing to host this and a committee is pending to arrange this.

South Dakota still needs a liaison for Sponsorship Behind the Walls.

Budget- Was not discussed due to a need for additional information. Will be presented in June.

Next Meeting- June, 2020 noon MT and 1 pm CT Location to be announced

Meeting Adjourned

ILS- Sandi M.